

Product Name: Instant THICK Liquid

Product Code:	SKU Code	Product description
	LIT 2.75/1	Instant THICK Liquid 2.75 L
	LIT 2.75/2	Instant THICK Liquid 2.75 L – 2 Pack

Category: Food for Special Medical Purposes (FSANZ Standard 2.9.5)

IDDSI level: 1, 2, 3 & 4

Net Weight: 2.75 L

Serve Size:	Single serve			
	IDDSI Level 1	IDDSI Level 2	IDDSI Level 3	IDDSI Level 4
	32 mL	64 mL	128 mL	256 mL

Description: Instant THICK Liquid, ready to use, shelf stable, food and beverage thickening solution.

Claims:	Gluten Free	Amylase Resistant	Taste-free to improve hydration
	Nut Free	Accurate Dosing	Instant Food and Drink Thickener
	Lactose Free	No Artificial colours and Flavours	Thickens in 30 seconds
	Dairy Free		

Typical Analysis:	pH	3.75 – 4.25
	Viscosity	Bostwick Consistometer 17 – 24 cm @ 19 – 23°C
	Thickness:	IDDSI Flow test
		Level 1 – Slightly Thick 1 – 4 mL
		Level 2 – Mildly Thick 4 – 8 mL
		Level 3 – Moderately Thick 8 – 9.9 mL
		IDDSI Spoon-Tilt Test
		Level 4 – Extremely Thick Holds shape
	Visual Inspection:	Fluid with no extraneous matter.
	Dispersibility:	Easily dispersed, thickens in 30 seconds.
Organoleptic:	Free from off flavours and odours.	
Microbiological:	Standard Plate Count (SPC) <100 cfu/g	

Country of origin: Made in Australia from at least 63% Australian ingredients.

Shelf Life: 12 months

Storage: Store in a cool, dry place out of direct sunlight. Once prepared, cover and refrigerate between serving. Discard leftover product after 24 hours. '2-hour/4-hour' rule recommended. Food and Drinks should be handled and stored according to Food Safety protocols.

Issued by:	Document #:	Version #:	Issue Date:	Page:
B. Brown	072-PDC-05 TIF	2	4/03/2025	Page 1 of 4
Printed documents are Not Controlled. Refer to QMS for most current version.				

Directions for use:

Single Serve

1. Measure 1.25L of fluid for cold drinks or 1L for hot drinks*.
2. Pump into beverage the required amount of Instant THICK Liquid.
3. Stir for 30 seconds and serve.

*For Hot Beverages, ensure the temperature does not exceed 55°C when served, for consumer safety and comfort.

For full range of fluids and food refer to the Instant THICK Liquid Mixing Guide at www.FlavourCreations.com.au

Ingredient Declaration:

Water, Glycerine, Emulsifiers (414, 435), Thickeners (415, 417), Acidity Regulator (338), Preservatives (202, 211), Stabiliser (509).

Servings per Package:

	Level 1 - Slightly Thick	Level 2 - Mildly Thick	Level 3 - Moderately Thick	Level 4 - Extremely Thick
Single serve	85	42	21	10

Dosage Guide:

Single Serve	Volume of water		Dispensing Guide
	Hot (55°C)	Cold (7°C)	
Level 1 – Slightly Thick	1 L	1.25 L	1 Pump
Level 2 – Mildly Thick	1 L	1.25 L	2 Pumps
Level 3 – Moderately Thick	1 L	1.25 L	4 Pumps
Level 4 – Extremely Thick	1 L	1.25 L	8 Pumps

Kosher Status: Certified

Halal Status: Certified

GMO Status: These products comply with the FSANZ Code Standard 1.5.2 and have been produced without the aid of genetic modification techniques, directly or indirectly, as defined in the code.

Issued by:	Document #:	Version #:	Issue Date:	Page:
B. Brown	072-PDC-05 TIF	2	4/03/2025	Page 2 of 4
Printed documents are Not Controlled. Refer to QMS for most current version.				

Single Serve

Nutrition Information (Average Quantity)

	Units	Average quantity per serving				Average quantity per 100 mL
		Level 1 - Slightly Thick	Level 2 - Mildly Thick	Level 3 - Moderately Thick	Level 4 - Extremely Thick	
Serving size: (Dosage)	mL	32	64	128	256	
Energy	kJ	135	271	542	1080	423
	kcal	32	65	130	259	102
Protein	g	0.1	0.3	0.5	1.0	0.4
- gluten	mg	Not Detected	Not Detected	Not Detected	Not Detected	Not Detected
Fat, total	g	0	0	0	0	0
- saturated	g	0	0	0	0	0
- trans	g	0	0	0	0	0
Cholesterol	mg	0	0	0	0	0
Carbohydrate	g	5.5	11.0	22.1	44.1	17.2
- sugars	g	0	0	0	0	0
- lactose	g	0	0	0	0	0
- galactose	g	0	0	0	0	0
Dietary fibre	g	4.6	9.3	18.6	37.1	14.5
Sodium	mg	29	59	117	234	92
Potassium	mg	47	94	187	374	146
Phosphorus	mg	0.3	0.5	1.0	2.1	0.8
Moisture	g	24	48	95	191	75

*Values per serve (undiluted)

FSANZ - Labelling: Complies with FSANZ Code Part 1.2 - Product Name & Code, Weight, Flavour, Best Before, Batch Number, Contact details, Quantity per carton.

Packaging:

Product	Type		Pack Size & Weight
LIT 2.75/1	Primary	Bottle + Bottle cap	1 x 2.75 L
	Primary	Pump + Pump tube	1 x 70 g
	Secondary	Pump bag (contains 1 x Pump + Pump tube)	1 x 76 g
LIT 2.75/2	Primary	Bottle + Bottle cap	1 x 2.75 L
	Primary	Pump + Pump tube	1 x 70 g
	Secondary	Pump bag (contains 1 x Pump + 1 x Pump tube)	1 x 76g
	Secondary	Cardboard carton	2 x 2.75 L + 2 x 76 g

Issued by:	Document #:	Version #:	Issue Date:	Page:
B. Brown	072-PDC-05 TIF	2	4/03/2025	Page 3 of 4
Printed documents are Not Controlled. Refer to QMS for most current version.				

Allergens: Allergen Free.

Mandatory Warnings: Food for special medical purposes. Food and drink thickener for the dietary management of dysphagia. Use under medical supervision. For oral consumption only. Not suitable as a sole source of nutrition. Not suitable for children under 3 years of age.

Allergen	Name of Allergen	Direct Ingredient		Cross Contamination	
		Yes	No	Yes	No
Cereals containing Gluten	N/A		X		X
Crustaceans and products their of	N/A		X		X
Eggs and products their of	N/A		X		X
Fish and products their of	N/A		X		X
Peanuts and products their of	N/A		X		X
Soybeans and products their of	N/A		X		X
Milk and products their of	N/A		X		X
Sesame seeds and products their of	N/A		X		X
Tree nuts and products their of	N/A		X		X
Sulphur dioxide and sulphites	N/A		X		X
Lupin and products their of	N/A		X		X
Molluscs and products their of	N/A		X		X
Celery and products their of	N/A		X		X
Mustard and products their of	N/A		X		X

Information in this specification is accurate and reliable to the best of our knowledge and is offered in good faith to the benefit of the consumer. It is the users obligation to determine the safe use of the product for its own applications or suitability for use since the conditions of use, handling, storage and disposal are beyond the suppliers control. The supplier does not guarantee against any risk of use liability or patent infringement.

Issued by:	Document #:	Version #:	Issue Date:	Page:
B. Brown	072-PDC-05 TIF	2	4/03/2025	Page 4 of 4
Printed documents are Not Controlled. Refer to QMS for most current version.				