



SUSTAGEN Hospital Formula

Set up your day with a nutritionally complete, high protein boost. Healthy and nutritious, providing 27 essential vitamins and minerals to support your health. High in protein for muscle health, plus magnesium and iron to support energy function. Each serve provides 50% RDI* of your daily calcium to support bone health as well as Vitamin D. Use as a meal replacement option* or nutritional supplement to help meet nutritional needs.

+RDI: Recommended Daily Intake

*Consuming as a meal replacement option may not be suitable for children. Seek advice from a healthcare professional

[Buy online](#)

BENEFITS

- Protein**
- Supports muscle health
- Calcium & Vitamin D**
- Supports bone health
- Magnesium & Iron**
- Supports energy function

Who is this for?

Low GI certified*

ALLERGENS

Contains milk | May contain soy | Gluten free

FLAVOURS



Preparation

Ingredients

Nutritional profile

Reviews

3 EASY STEPS



- 1** Mix 3 level of scoops** with 200ml water or milk (depending on taste). Use enclosed scoop.



- 2** Stir before serving



- 3** Great chilled or served warm

**1 x scoop of SUSTAGEN = 20g.

All prepared products should be tightly covered and consumed within 4 hours at room temperature or within 24 hours if refrigerated.

Store in a cool dry place and use within 4 weeks after opening.

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Banana

Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Vitamins (C, E, Niacinamide, A, D3, B6, B1, B2, Folic Acid, K1, B12), Flavour, Colour (Curcumin). **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 46

Vanilla

Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Vitamins (C, E, Niacinamide, A, D3, B6, B1, B2, Folic Acid, K1, B12), Stabiliser (414), Flavour. **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 54

Strawberry

Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Stabilizer (414), Vitamins (C, E, Niacinamide, B6, B1, A, B2, Folic Acid, K1, D3, B12), Colour (Beetroot), Flavour. **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 37

Neutral

Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Vitamins (C, E, Niacinamide, A, D3, B6, B1, B2, Folic Acid, K1, B12). **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 53

Coffee

Non Fat **Milk** Solids (61%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Coffee Powder (2.5%), Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Stabiliser (414), Vitamins (C, E, Niacinamide, A, D3, B6, B1, B2, Folic Acid, K1, B12), Flavour. **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 48

Chocolate

Non Fat **Milk** Solids (62%), Corn Syrup Solids, Sugar, Whole **Milk** Powder, Cocoa Powder (4%), Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Vitamins (C, E, Niacinamide, A, D3, B6, B1, B2, Folic Acid, K1, B12), Flavour. **Contains Milk. May contain Soy. Gluten free.**

* GI Value = 49

Caramel

Non Fat **Milk** Solids (63%), Corn Syrup Solids, Whole **Milk** Powder, Sugar, Minerals (Magnesium Hydrogen Phosphate, Ferric Pyrophosphate, Zinc Gluconate, Copper Gluconate, Manganese Sulphate, Sodium Molybdate, Chromium Trichloride, Sodium Selenite), Colour (Caramel), Vitamins (C, E, Niacinamide, B6, B1, K, A, B2, Folic Acid, D3, B12), Flavours. **Contains Milk. May contain Soy. Gluten free.**

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NUTRITION INFORMATION

Servings Per Package: 14 Serving Size: 60g	Units	Ave Quantity Per Serve + 200mL Water	% Daily Intake* Per Serve + 200mL Water	Ave Quantity Per 100g	Ave Quantity Per 100mL (Made up with Water)
Energy	kJ kcal	940 225	11%	1570 375	390 94
Protein	g	13.8	28%	23	5.8
Fat, Total	g	1.5	2%	2.5	0.6
– Saturated	g	0.96	4%	1.6	0.40
Carbohydrate	g	39	13%	65	16
– Sugars	g	27	30%	45	11
Sodium	mg	160	7%	270	68
Vitamin A	µg	210	28% RDI [†]	350	88
Thiamin	mg	0.55	50% RDI [†]	0.91	0.23
Riboflavin	mg	0.85	50% RDI [†]	1.41	0.35
Niacin	mg	5.0	50% RDI [†]	8.3	2.1
Folate	µg	100	50% RDI [†]	170	42
Vitamin B6	mg	0.8	49% RDI [†]	1.3	0.33
Vitamin B12	µg	1.0	48% RDI [†]	1.6	0.4
Biotin	µg	5.0	17% ESADDI ^{††}	8.3	2.1
Pantothenic Acid	mg	0.8	16% ESADDI ^{††}	1.3	0.33
Vitamin C	mg	20	50% RDI [†]	33	8
Vitamin D	µg	3.6	36% RDI [†]	6.0	1.5
Vitamin E	mg α-TE	5.0	50% RDI [†]	8.3	2.1
Vitamin K	µg	27	34% ESADDI ^{††}	45	11
Calcium	mg	400	50% RDI [†]	670	170
Chromium	µg	27	14% ESADDI ^{††}	45	11
Copper	mg	0.3	11% ESADDI ^{††}	0.6	0.14
Iodine	µg	60	40% RDI [†]	100	25
Iron	mg	3.6	30% RDI [†]	6.0	1.5
Magnesium	mg	96	30% RDI [†]	160	40
Manganese	mg	0.7	13% ESADDI ^{††}	1.1	0.3
Molybdenum	µg	34	13% ESADDI ^{††}	56	14
Phosphorus	mg	420	42% RDI [†]	700	180
Selenium	µg	9.0	13% RDI [†]	15	3.8
Zinc	mg	3.6	30% RDI [†]	6.0	1.5
Potassium	mg	660		1100	275
Chloride	mg	370		620	160
Gluten	mg/kg	Nil Detected			

*Percentage daily intakes are based on the average adult diet of 8700 kJ. Your daily intakes may be higher or lower depending on your energy needs. [†]RDI: Recommended Dietary Intake. ^{††}ESADDI: Estimated Safe and Adequate Daily Dietary Intake.